

## MAIN COURSE

All dishes are complete dishes. Sides can be added separately.

### ROASTS & GRILLS

**Grilled Steak Sandwich** €19.95

6oz Sirloin Steak on Ciabatta Bread, with Salad & Beef Tomato  
Topped with Pan Fried Onions & Mushrooms and Peppercorn Sauce  
A - Gluten 12 Served with Chunky Chips

**12 oz Irish Sirloin Steak** €31.50

Cooked to your preference, Pan Fried Onions & Mushrooms,  
Peppered Sauce, 1/2 Beef Tomato & Chinese Style Onion Ring  
A - Gluten 7 12 Served with Chunky Chips

**10 oz Irish Ribeye** €31.00

Cooked to your preference, Sauteed Onions & Mushrooms,  
Peppered Sauce, 1/2 Beef Tomato & Chinese Style Onion Ring  
A - Gluten 7 12 Served with Chunky Chips

**An Grianan Steak Burger** €18.95

Prime 8 oz Rump Steak Burger baked with Cheese & Bacon  
Topped with Salad Garnish & Tomato Relish with Chunky Chips  
A - Gluten 11 12

**Chilli Steak Burger** €19.50

Prime 8 oz Rump Steak Burger Topped with Nacho Beef  
& Chilli Cheese with Chunky Chips  
A - Gluten 11 12

**50/50** €19.95

6 oz Sirloin of Beef & Chargrilled Chicken Escalope,  
topped with Tobacco Onions, Choice of Side & Sauce  
A - Gluten 7 12

\* Most main courses can be made suitable for Coeliacs on request, please ask your server

We endeavour to source the best local produce.

All meat & chicken products are of 100% of Irish origin.

ALLERGENS 1.Cereals 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans 7.Milk 8.Nuts  
9.Celery 10.Mustard 11.Sesame Seeds 12.Sulphur Dioxide and sulphites 13.Lupin 14.Molluscs

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### POULTRY & GAME DISHES

**Chicken Supreme** €19.95

Bone in Chicken Supreme on Parmesan & Garden Pea Risotto  
A - Gluten 7 12

**Spicy Chicken Pasta** €18.95

Sauteed Mediterranean Vegetables & Chicken tossed in  
An Grianan Spicy Tomato Sauce. Served with Garlic Bread  
A - Gluten 3 7 12

**In House Curry**

Tossed with Peppers & Onions served with Rice & Poppadom  
Chicken €18.50; Beef €18.50; Prawn €21; Vegetable €16.50  
A - 2 12

**Southern Fried Chicken Burger** €18.50

Breaded Chicken Escalope in a Sesame Bap, topped with  
Cheese, Lettuce & Tomato and Choice of Side.  
A - Gluten 10 11 12

**Chicken Stir-Fry** €19.50

Salt & Chilli Chicken with Wok Stir-Fried Peppers &  
Onions served with Rice  
A - 6 11 12

**Chicken Melter** €19.95

Chicken Escalope topped with Smoked Irish Bacon, Cheddar  
Cheese & Tobacco Onions. Served with Choice of Side & Sauce  
A - Gluten 7 12

**Escalope of Chicken** €18.50

Pan Seared Escalope of Chicken served with Fresh Vegetables,  
Mashed Potato & Choice of Sauce  
A - 7 12

**Homemade Chicken Goujons** €18.95

with Sweet Chilli & Aioli Dip, Salad & Choice of Side  
A - Gluten 3 7 12

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## FROM THE SEA

Catch of the Day €21.00

Please ask your server

Battered Cod €21.50

Lightly Battered Cod, served with Mushy Peas, Homemade Tartare Sauce & Chunky Chips

A - Gluten 4 12

Pan Seared Salmon €22.95

Fillet of Salmon served on a bed of Crushed Baby Boiled Potatoes with Lemon & Dill Cream

A - 4 12

Salmon Tagliatelle €19.95

Smoked Salmon & Wild Connemara Mushroom Tagliatelle finished with Parmesan Cheese

A - Gluten 3 4 7 12

Sea Bass €21.50

Pan Seared Sea Bass with King Prawn & Dill Cream on bed of Mash

A - 2 4 7 12

## VEGETARIAN DISHES

Salt n Chilli Stir-Fry €15.75

Wok Stir-Fried Peppers & Onions in Salt n Chilli with Rice

A - 6 12

Goats Cheese Tartlet €17.85

Baked Tartlet with Goats' Cheese, Tomato, Red Onion & Parsley Confit with Salad Garnish

A - Gluten 3 7 12

Spicy Pasta €17.50

Sauteed Mediterranean Vegetables in An Grianan Tomato Sauce Served with Garlic Bread

A - Gluten 3 7 12

Enchilada €15.75

Oven Baked Enchilada filled with Flash Fried Vegetables, topped with Cheese A - Gluten 6 9 12

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# KIDS MENU

All Kids Meals €9.50

Each Served with Mash or Skinny Fries

Chicken Goujons

With Gravy & Vegetables A - Gluten 3 7

Sausages

With Gravy & Vegetables A - Gluten 7

An Grianan Burger

With Bap & Tomato Relish A - Gluten 3 7 12

Chicken Escalope

With Mash, Vegetables and Gravy (Gluten Free)

Oven Baked Salmon

With White Sauce A - 4 7

An Grianan Hot Dog

Warm Hot Dog Roll with Grilled Continental Pork A - Gluten 7 12

## Sides

€5.00

Chunky Chips

Stealth Fries

Sweet Potato Fries

Garlic Potatoes

Garlic Bread

Mini Caesar Salad

Pan Fried Vegetables

Onions & Mushrooms

Mash

Champ

Baby Boils

Parmesan Mash

Dirty Fries

€6.00

Bacon Bits, Homemade Cheese Sauce & Green Onion

## Sauces

€2.00

Gravy, Curry, Peppered, Homemade Cheese, White Wine

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